

SESSION 2

Talk about me

Tell us something about yourself which we might not know.

Talk about the course

1. What did you find most enjoyable in the course this week?
2. Imagine you were telling a friend about the course. And you told them something good you have learned or experienced so far. What would you tell them?
3. What time and place seems to work best for you, for prayer?
4. What is it like for you when you go to pray each day? How are you finding that?

Pray

Do you know any worship songs? New ones or old ones? Or Psalms from the Bible?

Let's take lines from songs or psalms, and pray them to God. For example: 'Bless the Lord I my soul . . . '