

SESSION 5

Talk about me

Complete this sentence. I most feel like the real me when I

Talk about the course

1. Are you using a journal? How are you using it? How are you finding it?
2. So far, the course has brought us several days about worship. Describe what it is like for you when you try to worship God alone.
3. How did you find the Taize worship?
4. Imagine you sat down with Jesus today. And he asked you: 'What do you need?' How would you answer him?

Pray

Do you know many stories from Jesus' life? Even if you only know one or two stories, you will be able to join in this first prayer.

1. As you think of him, try to imagine moments from his life. Can you see a moment? Say out loud: 'I see Jesus' and tell us where he is and what he is doing. For example: 'I see Jesus feeding the 5,000 people with a few loaves and fishes.'

You can have more than one turn.

2. Now, with real fervent faith, bring your requests to the living Christ. Pray, 'Lord Jesus Christ, I ask you please'